UNIVERSITY OF WARITH AL-ANBIYAA

KARBALA, IRAQ

SDG 3

Good Health and Well-being

Progress Report 2025



SDG 3 · GOOD HEALTH AND WELL-BEING

2025 at a glance

UOWA trains nurses and doctors, gives free care and health checks in the community, and looks after the health of its students and staff.

55
Nursing graduates who joined the health workforce in 2025

400+
Schoolchildren given free heart checks in December 2025

3
Blood donation campaigns with Karbala's health services

20
Countries at the 12th International Imamia medical conference

2025 in brief

JANUARY — **Medical posts for pilgrims**
Staff and students served pilgrims in Kadhimiya

FEBRUARY — **Heart and chest conference**
The College of Medicine's first international conference

MARCH — **Health visits to schools**
Including a school for orphans

MARCH — **Diabetes checks on campus**
Free blood sugar tests for staff and students

JULY — **Heart checks for orphans**
With the Rahma Organization for Child Health

AUGUST — **Arbaeen medical posts**
Medical and nursing students treated pilgrims

NOVEMBER — **World Diabetes Day conference**
With the Iraqi Society of Clinical Chemistry

DECEMBER — **Free heart checks for children**
More than 400 Karbala schoolchildren

Partners in health

The World Health Organization, Iraq's Ministry of Health, the Karbala Health Directorate, the Royal College of Physicians' London-Iraq Network, the Nursing Syndicate and Imamia Medics International.

1 · HEALTH PARTNERS

Working with health services

UOWA works with Iraq's Ministry of Health, Karbala's health services and international medical bodies.

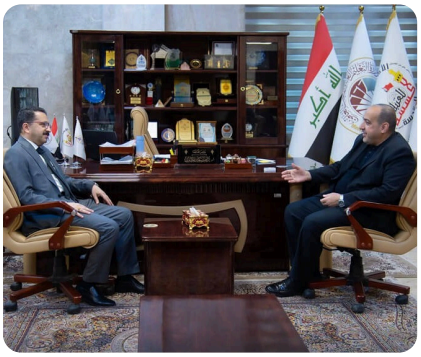


NOVEMBER 2025

A Royal College of Physicians network

The College of Medicine signed a scientific agreement with the Royal College of Physicians' London-Iraq Network, and joined it as a founding member.

It covers joint research, training and support for students, junior doctors and postgraduate students.



JANUARY AND JULY 2025

Ministry of Health

The Ministry's emergency doctors ran an emergency medicine course for UOWA's junior medical staff. In July, its Director-General of Planning visited to discuss joint training.

2025

Karbala health services

With the Karbala Health Directorate, UOWA ran a two-week heart ultrasound course for doctors, held blood drives and, in October, discussed more joint training.

NOVEMBER 2025

Degrees for working nurses

An agreement with the Nursing Syndicate helps working nurses study for a nursing degree, with a 50% fee discount.

Doctors from 20 countries

In December 2025, doctors from 20 Arab and foreign countries met at UOWA for the 12th International Imamia Conference, held with Imamia Medics International.

Free care beyond the campus

UOWA's medical and nursing students and staff give free care and health checks to pilgrims, children and families in need.



AUGUST 2025

Caring for Arbaeen pilgrims

Medical students worked in the medical posts of the Safir Al-Imam Al-Hussein Hospital, and nursing students at the Al-Shaheed Al-Muhandis Hospital, treating pilgrims.

Medical students also ran round-the-clock posts with Imamia Medics International. In January, staff and students served pilgrims in Kadhimiya.



JULY AND DECEMBER 2025

Free heart checks for children

With the Rahma Organization for Child Health, doctors checked orphans' hearts in July. In December, more than 400 schoolchildren had free heart checks.

THREE TIMES IN 2025

Giving blood

Staff and students gave blood in three campaigns with Karbala's health services and its main blood bank.

MARCH 2025

Health lessons in schools

Medical students taught pupils about hygiene and preventing disease, including at a school for orphans. Nursing students gave pupils basic health checks.

Vaccines for displaced children

In June 2025, the College of Nursing gave free vaccines to 150 displaced children on the Najaf Road in Karbala, and talked with parents about why vaccines matter.

Looking after students and staff

UOWA keeps its campus smoke-free, offers free counselling, and encourages sport and healthy habits.

VERSION 2.0 · REVISED MARCH 2025

No Smoking Policy

Smoking and vaping are banned everywhere on campus, indoors and outdoors, for students, staff and visitors. Anyone found smoking is fined 25,000 IQD. The policy is reviewed every year and offers help to quit.

Mental health

- Free, confidential counselling units in every college
- Trauma-informed care workshop by specialists from the USA and Canada (February)
- Autism awareness campaign by nursing staff and students (April)
- Seminars on the dangers of drugs (November)
- Free, confidential counselling for staff

Sport

- A sports centre with a large football field
- Football and table tennis tournaments for students (April)
- A team in the Iraqi universities football championship (November)
- Sports field, hall and tennis court open free to local people, one day a week each



MARCH 2025

Free diabetes checks

Nursing students tested staff and students' blood sugar and gave advice on diet and exercise.



NOVEMBER 2025

Managing stress

The College of Medicine and the Iraqi Syndicate for Training and Development ran a lecture for students on handling stress.



2025

Sport for everyone

Students and staff play in tournaments at the university sports centre.

Preparing tomorrow's health workers

UOWA's nursing and medical students learn through real practice, with training from national and international partners.



JULY 2025

Mass-gathering medicine with the WHO

The World Health Organization and UOWA trained 40 medical and nursing students to give health care at large crowds.

The workshop mixed theory with hands-on emergency practice, to prepare students for big pilgrimages and events.

HEALTH GRADUATES IN 2025

55 of UOWA's 616 graduates (9%) were nurses. The College of Medicine had no graduates yet; its first doctors graduated in February 2026.



OCTOBER 2025

Training in Beirut

Two medical students joined advanced surgery training at the American University of Beirut and its teaching hospital.



AUGUST 2025

Students teaching life support

A sixth-year medical student taught basic life support to students from other medical colleges, at a Ministry of Youth and Sports workshop.

AUGUST 2025

Learning from doctors abroad

During Arbaeen, Imamia Medics International ran workshops for medical students, led by doctors from six countries.

UNIVERSITY OF WARITH AL-ANBIYAA · KARBALA, IRAQ · PHOTOS: UOWA